



Joint Action
on REspiratory
Diseases

October - December 2025

Newsletter

Joint Action on REspiratory Diseases (JARED)

Subject: Enhancing Lung Health Across Europe
JARED's Latest Progress & Opportunities

Strengthening Europe's Response to Chronic Respiratory Diseases: JARED at EHFG

Chronic respiratory diseases pose a major public health challenge across Europe. At the *European Health Forum Gastein*, JARED was featured in a high-level panel discussion.

As the first EU4Health initiative dedicated exclusively to the prevention, early detection, and management of chronic respiratory diseases, including asthma and COPD, JARED brings together experts, policymakers, healthcare professionals, and patient representatives to strengthen respiratory care pathways.

Partners highlighted the need for **coordinated action**, shared **early project insights**, and **emphasized the integration of innovative tools, digital solutions**, and **harmonized care models** into national health systems.

The discussion underscored the importance of cross-border collaboration to ensure equitable, high-quality respiratory care across Europe.



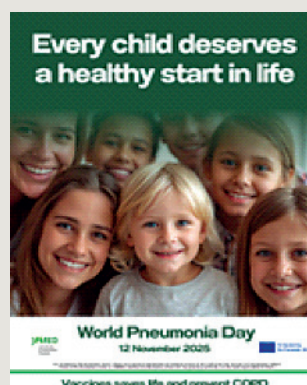
Building Trust and Access in Childhood Vaccination: Lessons from the JARED Project

JARED project supports the prevention of chronic respiratory diseases in the EU by **strengthening early childhood vaccination systems**.

Latvia, Lithuania, Poland, Hungary, and Spain, share same challenges and effective approaches to improve vaccine uptake and public confidence.

Based on these findings, JARED outlines practical actions for countries:

- **Enhance vaccination guidelines** - in all prenatal, pediatric and primary-care protocols.
- **Train healthcare teams** - regular workshops for doctors and nurses.
- **Digital reminders** - connect SMS, email, or app alerts to national registries so families never miss a vaccine.
- **Promote transparency** - clear, accessible dashboards on vaccine coverage and safety by organizing expert-led Q&A sessions.
- **Community engagement** - collaborate with teachers, religious leaders, and parent groups to spread accurate messages.



- **Ensure inclusivity** - translate materials and provide easy-to-understand formats for all families.
- **Continuously monitor and improve** - brief surveys with parents and healthcare providers.

UPCOMING

An online survey of healthcare professionals will be conducted in the five participating countries -Hungary, Latvia, Lithuania, Poland and Spain-, to identify barriers, good practices, and support needs to develop evidence-based, patient-centered recommendations for childhood vaccination.

COPD World Day | November 19

Breathing Freely Is Not a Given: Advancing Prevention, Equity, and Innovation in COPD Care

COPD World Day highlights the significant burden of chronic obstructive pulmonary disease across Europe and the ongoing challenge of late diagnosis.



The **JARED Joint Actions**, works to reduce the impact of COPD and other chronic respiratory diseases through earlier detection, prevention, and innovative care approaches.

By promoting self-management, digital and telemedicine solutions, and equitable access to care, JARED addresses key public health challenges while focusing on innovation, equity, and measurable impact.

On COPD World Day, JARED reinforced the message that prevention and early diagnosis are essential to protecting lung health and ensuring that *the right to breathe freely is shared by all across Europe*.

ERS Appoints New Secretary General with Strong Commitment to Advancing Respiratory Health in Europe

The **European Respiratory Society** has elected **Prof. Dr. Ildikó Horváth** as its new Secretary General, with her three-year mandate starting in September 2025.

As one of the world's leading professional societies in respiratory medicine, ERS entrusts this key leadership role with guiding its scientific, educational, and policy directions.

Professor Horváth brings extensive experience within ERS and plays a central role in the **JARED Joint Action on Chronic Respiratory Diseases**.

In her vision, she emphasizes *prevention, early detection, and equitable access to knowledge*



as foundations for future respiratory care. Her appointment reflects a strong commitment to *collaboration, knowledge sharing, and innovation* across Europe's respiratory community, and is warmly welcomed by the JARED consortium.

JARED at the ERS 2025 Congress – United for Healthier Lungs Across Europe

The **ERS 2025 Congress** (27th September- 1st October 2025 | Amsterdam, Netherlands) brought together thousands of professionals, policymakers, researchers, and patient organizations to advance respiratory health across Europe. **JARED's** active participation highlighted European's mission to reduce **health inequalities, promote innovation, and support a coordinated, evidence-based response** to chronic respiratory diseases.



Partners shared project objectives and updates on national and European activities, with **Prof. Dr. Ildikó Horváth** emphasizing the importance of **prevention, early detection, and equitable access to care**.

The congress also provided valuable networking opportunities with related initiatives, reinforcing cross-project collaboration to ensure the sustainability and long-term impact of European respiratory health actions.

Updates from Project Partners

JARED Contributes to Europe's Joint Health Future in Odense

The *"Health in Europe – Joint Actions, Joint Future"* conference, held in **Odense, Denmark**, brought together leading EU health initiatives to exchange experiences and discuss the future of European health cooperation.

JARED was represented by its **coordinator, the National Korányi Institute** for Pulmonology (**Hungary**), and contributed to discussions on how **EU Joint Actions** can shape Europe's health systems through evidence-based practices, digital innovation, and equitable access to care.



The event highlighted JARED's role in addressing chronic respiratory diseases, **particularly COPD**, by promoting prevention, early detection, vaccination, and patient self-management across Europe.

Activities like these prepare the ground for a six-month pilot study in six remote centers to evaluate nurse-led support for improving patient engagement and self-management in underserved areas.

Advancing Respiratory Health in Romania: The Successful Progress of the JARED Project

The **JARED project in Romania** overcame early implementation challenges through strong collaboration with the central project team and support from the Ministry of Health.

Key achievements include **ethical approval, development of an electronic screening questionnaire, expanded engagement with family physicians and NGOs, and approval of Ministry co-financing for spirometry equipment and screening staff.**

These milestones demonstrate a phased, collaborative approach to building a comprehensive respiratory screening programme to improve health outcomes in Romania.

JARED Project in Portugal: Key Communication and Dissemination Milestones

In **Portugal**, JARED communication and dissemination activities have progressed steadily.

The *COPD spirometry screening pilot* was launched in the **Mafra Health Centers** on 14 October, following dedicated training for general practitioners and the respiratory technicians involved.

Strengthening Self-Management in Asthma and COPD: JARED Completes Milestone MS25

Learning materials on asthma and COPD self-management were developed for patients and nurses, and the **first pilot training session** for remote primary healthcare centers was held in October 2025 following bioethics approval.

Collaborative Action on Interstitial Lung Diseases and Tuberculosis

Vilnius University Hospital "Santaros Klinikos", together with partners from **Latvia and Spain**, organized four international meetings with collaborators from **Latvia, Spain, Hungary, and Italy** to address challenges in managing complex respiratory diseases.

Discussions revealed a lack of harmonized guidelines for interstitial lung diseases, especially sarcoidosis, prompting the launch of an **electronic Adult Sarcoidosis Questionnaire** to map national practices across JARED countries, with results to be shared through scientific publications and events.

Additional meetings on tuberculosis and non-tuberculous mycobacterial lung diseases highlighted regional disparities in care, leading to an agreement to collaborate on defining best practices for early detection and treatment, particularly in Eastern and Central Europe.

JARED is on social media

- 🌟 The official social media pages of the JARED-JA on Chronic Respiratory Diseases are now live!
- 🌟 Follow us for our latest news and updates!
- 🌟 We want you to be part of the community!
We are building a network committed to preventing and managing chronic respiratory diseases and improving respiratory health across Europe, the more people join, the greater impact we can make together.

Please take a moment to like and follow our pages. Feel free to share them with your professional network.

Your support helps amplify our mission!

Thank you for being part of the JARED community—together, we breathe for a healthier future!

Facebook: <https://www.facebook.com/JaredJointAction>

LinkedIn: <https://www.linkedin.com/company/jared-joint-action-on-chronic-respiratory-diseases/>

*Seasons
Greetings*