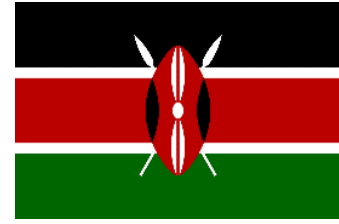


Healthy Lungs for Life Event, Nairobi

Spirometry training and free spirometry testing at the Kenyan International Scientific Lung Health Conference (KISLHC)



Spirometry from strength to strength in Nairobi

Spirometry kicked off at the 5th KISLHC in Nairobi with a very well attended 1-day spirometry workshop. Two local Kenyan spirometry experts, Dr Sammy Gitonga and Dr Salim Masoud together with myself facilitated a successful workshop for 45 participants on 25th June 2019.

The workshop was the precursor to a jointly facilitated European Lung Foundation (ELF), Pan African Thoracic Society (PATS) and Kenyan Association for TB and other Lung Diseases (KAPTLD) Healthy Lungs for Life event on the 26th and 27th June 2019 at the Nairobi Hospital and Conference Centre. Our aim was to provide free lung function testing for at least 100 members of the local community over 2 days. With posters banners and leaflets in and around the hospital to tell people about the event we had no shortage of people coming who were queuing up to know about how their lungs were functioning. 114 hospital staff and conference delegates were tested and counselled on their results.

The event was extremely well received and enjoyed by all. Very special thanks to the Pan African Thoracic Society and the European Lung Foundation for their sponsorship of the event and to Prof Chakaya and his wonderful teams from KAPTLD and the KISLHC for working with us to promote lung health and awareness and their efforts to make this the exciting and well run event that it was.







