



A message from Isabel Saraiva, Chair of the European Lung Foundation:

This month I was very pleased to be able to visit the ELF office in Sheffield, UK. I was joined by Kate Hill, Chair of the Patient Advisory Committee, and together with the ELF staff we had a useful meeting on what we have achieved over the past year and delivering the workplan for ELF for 2019/2020.

One of the many things we have to look forward to is the new ELF website, which we hope to launch next year. This website will make it even easier for people across Europe to find information about lung health in their own language, and to find out about ELF and our work. We welcome any comments or suggestions about the current website, so that we can plan for the new website to be as useful and user-friendly as possible. Please email the ELF team at info@europeanlung.org with your feedback.

Preparations are now well underway for ERS Congress. This year we are very excited to be able to present a new opportunity for patient speakers. We're looking for people to film themselves speaking about their condition, which we hope will open up the opportunity to be a patient speaker to people who aren't able to travel, or who don't speak English (videos will be subtitled in English). If you would like to find out more about this exciting opportunity, there is an article in this newsletter with more details.

Some jobs could increase the risk of COPD, new research suggests

[Find out more](#)

Could a breath test help doctors spot lung cancer earlier?

[Find out more](#)

Poor sleep quality is common for people with interstitial lung disease

[Find out more](#)



AIRLINE INDEX UPDATED

As we are into the summer holiday season in Europe, the ELF team has updated the [ELF airline index](#). The index provides information about European airline policies for people traveling with medical oxygen.

This index can be used to find and compare the policy of each airline before booking travel. It also has contact details for each airline, so that passengers can confirm the requirements for travelling with medical oxygen directly. 44 new airlines have been added to the Index.

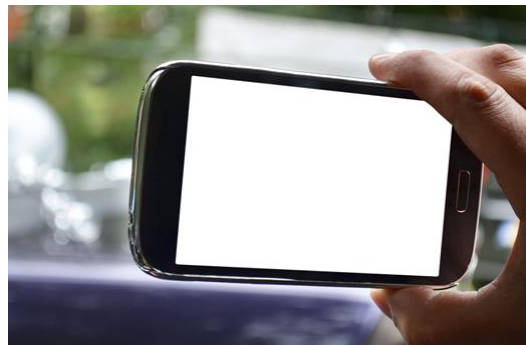
[Find out more](#)

PATIENT SPEAKERS AT ERS CONGRESS 2019

Each year at the ERS Congress, ELF helps people with lung conditions to speak in a variety of different sessions.

This year we're introducing the option of sharing your experience by video (which can be filmed on a smart phone), to make it easier for people to get involved, even if they can't be there in person.

[Find out more](#)



SPIROMETRY TESTING IN AFRICA SUPPORTED BY A HEALTHY LUNGS FOR LIFE GRANT

Earlier this year, ELF funded five Healthy Lungs for Life events from around the world to help promote the importance of lung health.

One of the grants supported spirometry testing in Tanzania and Kenya, which included spirometry training for volunteers, and testing of almost 200 members of local communities.

[Find out more](#)



NEWSLETTER ON BREATHLESSNESS PROJECT - BETTER B

ELF is a partner of the Better-B project, which is looking into whether a medicine that is usually used to treat depression could be used to treat people with long-term breathlessness.

The new Better B newsletter has just been released, containing progress updates and details of recent research and meetings.

[Find out more](#)



INTERVIEW WITH DR KARL SYLVESTER

In this interview, we ask the newest member of ELF's Professional Advisory Committee about his daily role, as well as his work with ERS and ELF.

[Find out more](#)



PATIENT ORGANISATION ROUND UP, AUGUST 2019

This month, patient organisations have completed fundraising activities, held meetings to promote the importance of various lung conditions, and planned future awareness events including Pulmonary Fibrosis Awareness month in September.

[Find out more](#)



The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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