



Message from Isabel Saraiva, Chair of the European Lung Foundation:

This month, I am pleased to tell you that our 'Your Lungs at Work' quiz is now available in [German](#) and [Dutch](#). This online quiz and information platform is all about work-related lung conditions.

We launched these versions on the 14 March, and the Dutch version was incorporated into the Ministry of Social Affairs campaign on dangerous substances, which also launched on this date. It is a privilege to be able to work with authorities and organisations in different countries to bring attention to this very important issue.

So many different workplaces can affect lung health; from ceramic workshops and factories, to garages and hospitals, the risks to employees are often overlooked. The good news is that if risks are picked up early, interventions can be made to ensure that the workplace is safe and that damage to the lungs can be prevented.

We hope that providing this quiz in more languages will help empower even more people to talk about their job with their healthcare professionals, as well as spreading information about how to protect their lungs at work. You can read more about Your Lungs at Work and have a go at the quiz below.

Highlights and key dates:

- ELF meets with Madrid city representatives on 10 April to discuss the Madrid Healthy Lungs for Life event in September
- The Patient Advisory Committee meets on 24 April 10:00 BST / 11:00 CEST



People in low and middle income countries are more vulnerable to developing COPD as a result of early life experiences

[Find out more](#)

European parliament calls for stricter EU air quality rules

[Find out more](#)

Researchers discuss the potential of personalised medicine for asthma treatment

[Find out more](#)



FACTSHEETS FOR WORLD HEALTH DAY

World Health Day (7 April), is a great opportunity to talk about preventing lung disease and promoting lung health. As well as our factsheets on different lung diseases, ELF has produced a number of factsheets on keeping lungs healthy, including:

[Air quality and lung health - the risks](#)

[Quitting smoking - the benefits](#)

[Exercise and air quality: 10 top tips](#)

[Your lungs and exercise](#)

World Health Day is also a good opportunity to hold a Healthy Lungs for Life event. Visit the [Healthy Lungs for Life website](#) for more information.

'YOUR LUNGS AT WORK' ONLINE QUIZ NOW AVAILABLE IN DUTCH AND GERMAN

To help more people assess whether their lung health might be at risk due to their workplace, we have translated our online quiz and information platform into German and Dutch. 'Your Lungs at Work' is also available in English, Portuguese and French.

[Visit the 'Your Lungs at Work' website](#)



FIND OUT MORE ABOUT BRONCHIECTASIS DRUGS IN DEVELOPMENT

New information on the bronchiectasis patient priorities website aims to keep you informed about antibiotics, anti-inflammatory drugs (drugs that reduce swelling) and other medicines in development.

[Find out more](#)



FRESH AIR – IMPROVING LUNG DISEASE TREATMENT IN LOW AND MIDDLE INCOME COUNTRIES

Read our review of the FRESH AIR Horizon 2020 project, which worked with communities and people in Vietnam, Uganda, Kyrgystan and Greece to improve prevention, diagnosis and treatment of lung disease.

[Find out more](#)



GET EXPERT ANSWERS TO YOUR QUESTIONS ABOUT RARE LUNG DISEASES

A new online resource called EXABO (the EXpert Online Advisory Board) directs questions in English or German to medical experts. This service is coordinated by ERN-Lung.

[Find out more](#)



THANK YOU FOR YOUR HEALTHY LUNGS FOR LIFE GRANT APPLICATIONS

We received lots of applications from people all over the world interested in holding Healthy Lungs for Life (HLFL) events. We will be contacting successful applicants this month.

Although the deadline for grant applications has now passed, you can still visit the [HLFL website](#) for information and resources to support your event.



INTERVIEW WITH PROFESSOR MARIA BONSIGNORE – SLEEP AND BREATHING EXPERT

Professor Maria Bonsignore researches sleep and breathing disorders, including obstructive sleep apnoea (OSA), at the University of Palermo in Italy. Here she talks to us about breathing problems that can affect people while they are asleep, and what the future holds for sleep and breathing research and medicine.

[Read the full interview](#)



PATIENT ORGANISATION ROUND UP, APRIL 2019

Patient organisations have been busy supporting and advocating for people living with lung conditions throughout Europe. Read our summary of a selection of these activities.

[Read the full round-up](#)



The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the

aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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