

**Testez votre souffle  
sur le parvis  
de l'Hôtel de ville  
(Mairie de Paris),  
les 14 et 15 sept.  
2018**



*Et si Paris  
respirait  
mieux ?*

**Message from Isabel Saraiva, Chair of the European Lung Foundation:**

The European Respiratory Society (ERS) International Congress is nearly upon us, and we are looking forward to seeing many of you in Paris. We will be based in the World Village, which is an important space for networking and learning about the activities of other patient organisations and medical societies from around the world. Please make sure you stop at our stand!

You can see an overview of our activities on the [ERS Congress website](#). And, later in this newsletter, you will find a round-up of some of the must-see sessions and activities this year, as picked by myself and other members of the ELF Council.

For those of you who cannot join us during the Congress – you can stay in touch with our activities on Facebook and Twitter and keep an eye out for our next newsletter when we will share a full report. And, of course, you will have the opportunity to catch up afterwards via the new dedicated patient section on the Live @ ERS on-demand video platform, which will feature highlights from the Congress in English, French and Dutch.

I am also excited to launch this year's Healthy Lungs for Life campaign in Paris. There will be a big advertising campaign throughout the city, which will highlight the importance of lung health and encourage them to come along to our event. Our public lung testing event will be held outside the Paris city hall on Friday 14–Saturday 15 September between 11:00–20:00. If you are joining us in Paris, we would love to see you there.

The Healthy Lungs for Life campaign will not end there. As ELF Chair, I am calling on all ERS members, delegates of the ERS International Congress and members of the ELF Patient Organisation Network to take up the mantle and do what you can to put lung health in the spotlight. You can use our free resources and toolkits to deliver your own events and bring this powerful message to even more people around the world. You can visit the [Healthy Lungs for Life website](#) for more information and to access our materials. And, if you are coming to Congress, please come and talk to us about getting involved at the World Village. We would love to hear your ideas!

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Study looks into the risk of women with asthma going on to develop COPD

[Find out more](#)

Research finds that outdoor air pollution could increase flare-ups among people with bronchiectasis

[Find out more](#)

Being physically active reduces the risk of obstructive sleep apnoea

[Find out more](#)



## NEW FACTSHEET AVAILABLE: SPIROMETRY

Our latest factsheet is about spirometry testing, and was produced with the Global Lung Function Initiative.

It is currently available in English, and translations will be available very soon.

Why not use it at your own Healthy Lungs for Life spirometry testing event?

[Download the factsheet in English.](#)

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## CONGRESS HIGHLIGHTS

We spoke with members of the ELF Council about what they are most looking forward to at this year's ERS International Congress.

Isabel Saraiva, Marta Almagro and Kate Hill give us their personal highlights and sessions not to be missed!

[Read more.](#)



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## NEW SURVEY: SHARE YOUR EXPERIENCE OF SPIROMETRY TESTING

We have launched a survey to learn more about peoples' experience of spirometry testing.

Responses will be used to inform new guidelines for healthcare professionals that perform the test.

It will take about 5–10 minutes to fill out, and is available in Dutch, English, French, German, Greek,



Italian, Polish, Portuguese, Russian and Spanish.

[Read more and take the survey.](#)

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## PATIENT REPORT FROM THE THIRD WORLD BRONCHIECTASIS CONFERENCE

Thomas Ruddy, a patient representative who is a member of our bronchiectasis patient advisory group, wrote about his experience of the Third World Bronchiectasis experience, which took place in Washington, DC, USA last month.

[Read the full write-up.](#)



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## PATIENT ORGANISATION ROUND UP, AUGUST 2018

Find out how patient organisations throughout Europe and beyond have been advocating for lung health in the last month.

[Read the full round-up.](#)

*Picture: The June Hancock Mesothelioma Research Fund held a 'meet the researchers' event for Action Mesothelioma Day.*



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## INTERVIEW WITH KJARTAN MOGENSEN, CHAIR OF SAMTÖK LUNGNASJÚKLINGA

In this interview with Kjartan Mogensen, Chair of Samtök lungnasjúklinga (the Icelandic Lung Association), we asked him about his organisation, how they support people with lung conditions in Iceland, and his presentation at the upcoming ERS International Congress.

[Read the interview.](#)





The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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