



ELF 2020

**We wish you a great
festive season and a happy New Year!**

A message from Kjeld Hansen, Chair of the European Lung Foundation:

Dear friends,

First, a sincere thank you for supporting the lung health agenda and the European Lung Foundation in 2020.

This year more than any before, we've been humbled by your stories, engagements, words of thanks and trust. You make a difference every day with your contributions. It would not be possible to improve lung health and advance diagnosis, treatment and care without the work that we do together.

2020 has been an extraordinary year. The COVID-19 pandemic has influenced most of what we have done. We have come together as a community and found new ways of engaging and involving ourselves to address the challenges that have arisen due to the pandemic. We have been very impressed and encouraged by the energy and ingenuity that patients, carers and healthcare professionals have shown to keep lung health as a top priority.

Even in an extraordinary year, we experienced many highlights. To name a few: the COVID-19 Q&A on our website has been a tremendous success, we had a fantastic virtual patient organisation networking day, we were able to award two rounds of grants for Healthy Lungs for Life events, and we had outstanding contributions for the Women with COPD art competition. Thanks

to our wonderful patient advisory group (PAG) members and patient organisation network for helping us to develop the sarcoidosis patient priorities website and patient compass, the lung cancer decision aid tool, numerous surveys to collect patient experiences to improve healthcare, and to launch new PAGs. Last but not least, we have witnessed the will and dedication of the respiratory community to unite and work together to positively influence European policy. We very much look forward to using these experiences to build better initiatives together.

We think information about lung health, patient engagement and a little wit and wisdom are more important than ever. We hope you enjoy being involved and hope to be able to enjoy your collaboration in the coming year.

We wish you a great festive season and a happy New Year!

Key dates:

- ELF office closed Wednesday 23 December 2020 – Monday 4 January 2021



Review summarises best approaches to Sarcoidosis management

Artificial intelligence can improve reporting of urgent cases from chest x-rays

Study highlights impact of COVID-19 lockdown on people living with COPD

[Find out more](#)

[Find out more](#)

[Find out more](#)



NEW FACTSHEET TRANSLATIONS AVAILABLE

Our factsheet on **e-cigarettes, heat-not-burn and smokeless tobacco products**, has been translated and is now available in [Bulgarian](#), [Dutch](#), [English](#), [German](#), [Greek](#), [Italian](#), [Portuguese](#), [Romanian](#) and [Spanish](#).

More translations will become available soon.

SUBMIT AN IMAGE TO THE PHOTO CONTEST

Everyone is different and this is your opportunity to share what having a lung condition looks like for you.

Share your pictures to have them used on the new ELF website and social media, and to be in with a chance to win a 10.2 inch iPad!

[Find out more and enter the contest](#)



UNDERSTANDING ASTHMA BETTER: SHARE YOUR VIEWS

We have launched a new survey to understand how people with severe asthma feel about the tools used for asthma. These tools help doctors and nurses to check if a treatment is working for an individual patient. This survey is part of the 3TR project to understand asthma better.

[Find out more and complete the survey.](#)



JOIN A PATIENT ADVISORY GROUP

We are inviting people to join two new Patient Advisory Groups (PAGs) we are setting up for aspergillosis and pulmonary fibrosis (PF). We also encourage new members to join our existing PAGs in chronic cough, asthma, COPD, and lung cancer.

[Find out more](#)



EXERCISE VIDEOS FOR PEOPLE WITH LUNG CONDITIONS

ELF has worked with respiratory physician, Dr Georgia Hardavella and Physiotherapist Nikitas Kampanis to create a series of easy and fun exercises you can do at home.

[Find out more and watch the videos](#)



PATIENT VOICE ARTICLE: STEFANO PAVANELLO

Stefano Pavanello talks about his experience of being a lung transplant recipient during the COVID-19 pandemic.

[Read the article in *Breathe*](#) or [download the PDF](#)



BRONCHIECTASIS PATIENT CONFERENCE: SAVE THE DATE

Our first online bronchiectasis patient conference will take place on 27 February 2021. It will give people with bronchiectasis and their families and friends an opportunity to hear patient-focused talks.

[Find out more and express your interest](#)



PROVIDING ANSWERS TO RESPIRATORY PATIENTS' QUESTIONS DURING COVID-19

With the help of ERS experts, we provided a multilingual Q&A resource for people affected by lung conditions during the COVID-19 pandemic. We have now published an article about the process behind this in *Breathe*.

[Find out more](#) and [read the full article](#)



HEALTHY LUNGS FOR LIFE GRANTS: PLAN FOR 2021

ELF offers grants to support Healthy Lungs for Life activities. Applications to apply for a grant will open in January 2021 and will stay open throughout the year, with two cut-off dates when we will review and award grants.

[Find out more about the revised process](#)



MEP LUNG HEALTH GROUP UPDATE

The newly formed MEP lung health group held an event 'Air pollution and COVID-19 – Clearing the air and charting a post-pandemic course' virtually on 2 December. The event focused on air pollution and health in the COVID-19 era and sustainable strategies for recovery from the pandemic.

[Find out more](#) and [watch the event recording](#)

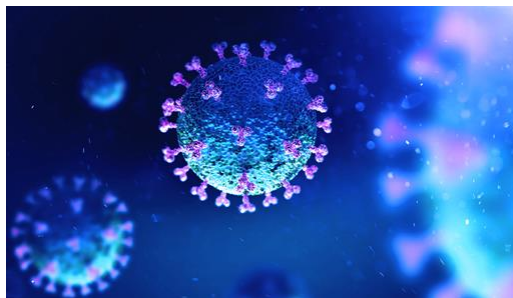


COVID-19 NEWS ROUND-UP

[COVID-19 vaccines: the latest developments](#)

[Infection with COVID-19 found to be rare in new-born babies](#)

[Visit the COVID-19 newsroom.](#)



INTERVIEW WITH MIKAELA ODEMYR

Mikaela Odemyr became the new Chair of the ELF Patient Advisory Committee (PAC) in September 2020. In this interview you can find out about her background, plans for her mandate and what she would like to achieve with ELF.

[Read the interview](#)



PATIENT ORGANISATION ROUND-UP: DECEMBER 2020

Patient organisations have been busy with exciting activities to celebrate various lung health awareness days and months, including World COPD Day, Pulmonary Hypertension Awareness Month and Alpha-1 Awareness Month. They have raised knowledge among the public and held patient-specific information and support sessions online.

[Find out more](#)





The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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