

A message from Isabel Saraiva, Chair of the European Lung Foundation:

Dear friends,

As we enter the summer holiday season, I hope that you are all enjoying some relaxing time while staying safe. I personally am looking forward to some time away with my family, but want to ensure any risks to my health are minimal. The article about wearing face coverings in this edition of the newsletter may be useful for others who are considering travelling in the coming weeks.

We are delighted to announce that registration for the virtual ELF Patient Organisation Networking Day 2020 is now open. Thanks to members of the ELF Patient Advisory Committee who recently met with us (pictured above) to help plan this first ever virtual ELF day. Details of the day and how to register can be found in this newsletter.

I would also like to thank everyone who has submitted a piece of art for the COPD art competition. As a woman with COPD, it's great to see so much support to improve the representation of women with COPD and have our voices heard through art. Due to the COVID-19 pandemic, myself and the other judges have agreed to extend the deadline to 31 July, so there is still time to submit your art piece if you would like to enter. Find out more in this newsletter.

We have opened a second round of Healthy Lungs for Life grants for 2020. We are supporting online activities and virtual events so that together we can continue to spread the important messages of the campaign in a safe way during the COVID-19 pandemic. Find out what types of activities you can hold and apply using the link in this newsletter.

Last but not least, I would like to welcome the new members of the ELF team who have joined us over the last few months: Jess, Robert and Clare. I look forward to working together. The full ELF team can be found here if you need to know who to contact: www.europeanlung.org/en/about-us/organisation/

Key dates:

- ERS Congress registration: early-bird deadline: **20 July**
- Deadline to submit artwork for COPD art competition: **31 July**

Recommendations to reduce the health risks of air pollution: what you need to know

[Find out more](#)

Simple test can predict the risk of hospitalisation in COPD

[Find out more](#)

Structured exercise can help older people hospitalised with COPD

[Find out more](#)



NEW ELF FACTSHEET: SARCOIDOSIS

We have produced a new factsheet on sarcoidosis in line with the new [sarcoidosis patient priorities webpage](#). It explains the symptoms, diagnosis, treatment and the effects it has on people.

[Download the factsheet in English](#). More languages will follow.

VIRTUAL PATIENT ORGANISATION NETWORKING DAY 2020

Registration for the first-ever virtual ELF Patient Organisation Networking Day is now open. It will be held on Saturday 5 September and is free to join for members of the ELF patient organisation network.

[Find out more and register](#).



WEARING A MASK IF YOU HAVE A LUNG CONDITION

We have put together some information about the use of masks and face coverings during the COVID-19 pandemic. It includes answers to questions we have received from people with lung conditions and the general public.

[Visit the page about masks.](#)



GRANTS AVAILABLE TO SUPPORT HEALTHY LUNGS FOR LIFE EVENTS

Applications are open for not-for-profit organisations and informal groups to apply for a grant to support an event or an activity as part of the Healthy Lungs for Life campaign.

[Find out more and submit your application.](#)

Deadline: **16 August**



3TR LAY SUMMARY

3TR is a large-scale research project that will help us to understand why some patients' symptoms improve with certain treatments while other patients continue to experience severe symptoms. It focuses on seven diseases which are affected by the immune system, including COPD and asthma.

[Find out more.](#)



GEOGRAPHIC ISOLATION IN IPF PATIENTS: AN EDITORIAL

The Irish Lung Fibrosis Association (ILFA) and ELF contributed to an [editorial](#) to accompany a paper in the [Journal of Respirology](#) about geographic isolation in people with idiopathic pulmonary fibrosis.

[Find out more and access the paper.](#)



COMPETITION TO PRODUCE

ARTWORK REPRESENTING WOMEN WITH COPD

The deadline to submit a piece of art representing women with COPD has been extended until **31 July**. Anyone can enter and the winner will receive a commission worth €5,000.

[Find out more and enter the competition.](#)



Open Call

Competition to produce artwork of women with COPD

Submit one piece in any medium | Deadline: 31st July + free to enter | €5,000 commission + widespread exposure | Accepting international applications

ELF EUROPEAN LUNG FOUNDATION

COVID-19 NEWS ROUND-UP

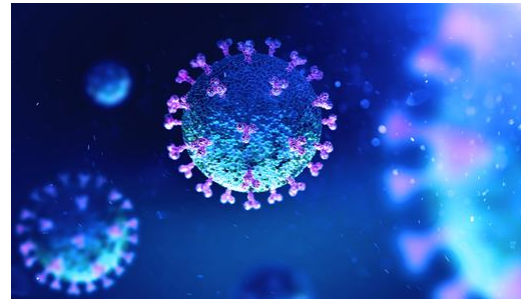
[The latest steps forward in the search for COVID-19 treatments](#)

[COVID-19 vaccine development: where we are at and what challenges remain](#)

[Lifting restrictions could lead to resurgence of COVID-19](#)

[The impact of conspiracy theories and social media during the COVID-19 pandemic](#)

[Visit the COVID-19 newsroom.](#)



INTERVIEW WITH KATE HILL, PAC CHAIR

Kate Hill has been Chair of the ELF Patient Advisory Committee (PAC) for almost three years. In this interview we asked her what it is like being part of the PAC and about her experience as Chair.

[Read the interview.](#)



PATIENT ORGANISATION ROUND-UP: JULY 2020

Patient organisations across Europe have been working to protect people with lung conditions during the COVID-19 pandemic by launching new campaigns and raising awareness of high-risk groups as restrictions are lifted in many countries.

[Find out more.](#)



The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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