



**A message from Kjeld Hansen, Chair of the European Lung Foundation:**

Dear friends,

I am delighted to address you once again in our newsletter. I am impressed and excited about everyone's motivation to continue to overcome the current circumstances and keep providing information and support in these difficult times.

We are particularly excited to participate in the virtual conference on 12 November, World Pneumonia Day: Light for Pneumonia Education and Prevention - 2020-2024. Pneumonia is an infection that affects many of us, and sadly too many children are still dying from it worldwide. I will be talking about the importance of access to information for people who get pneumonia. The event will close with a video of the #PneumoLight campaign, where buildings around the world will be lit blue to raise awareness of pneumonia. You can download the full programme and live stream the event [here](#).

Early next month, we will be participating in the "Air pollution and COVID-19" workshop. The workshop will be co-hosted by a member of the MEP Lung Health Group and is open to anyone interested. We are very much looking forward to discussing how people living with lung conditions can help inform a healthy and sustainable recovery after the COVID-19 pandemic.

**Key dates:**

- Light for Pneumonia Education and Prevention – Global Conference: 12 November
- Air pollution and COVID-19 workshop: 2 December

**Upcoming awareness days:**

- Lung Cancer Awareness Month: November 2020
- World Pneumonia Day: 12 November 2020
- World COPD Day: 18 November 2020



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Further air quality measures needed to help improve public health

Urgent need for new guidelines to best manage IPF and lung cancer

Links found between long-term cough and long-term pain

[Find out more](#)

[Find out more](#)

[Find out more](#)



## WEARING A MASK OR FACE COVERING IF YOU HAVE A LUNG CONDITION

Our information about wearing a mask or face covering for people with lung conditions has been translated into 11 languages.

[Access the information and download it in your language.](#)

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## RETHINKING COPD 'EXACERBATIONS' – SHARE YOUR THOUGHTS IN A NEW SURVEY

Ahead of World COPD Day, we have launched a survey in partnership with COPD Foundation to understand how people with COPD feel about the words used to describe their condition by doctors and nurses. If you or someone you care for has COPD, please complete the survey, which is available in 20 languages.

[Find out more and complete the survey.](#)



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## ERS CONGRESS 2020: YOUR QUESTIONS ANSWERED

A question and answer session between patients and healthcare professionals following the ERS Congress 2020 on the topic of digital health is now available to watch.

[Find out more and watch the session](#)



### Digital Health: A Brave New World

Question and Answer session with:

Dr Omar Usmani (Consultant Respiratory Physician)

Dominique Hamerlijnck (ELF Asthma PAG representative)

Rita Barriuso (Asociación de Enfermos de Sarcoidosis, ELF Sarcoidosis PAG representative)

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## HEALTHY LUNGS FOR LIFE EVENTS

Individuals and organisations have been holding Healthy Lungs for Life events in their local communities on and around World Lung Day with the support of grants that we awarded earlier this year. Reports of recent events are now available.

[Find out more and read the reports](#)



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## LOOKING AFTER YOUR HEALTH AND WELLBEING OVER WINTER

As we move into winter, it is important to look after our physical and mental health. Here are some of the ways you can look after yourself and loved ones this winter.

[Find out more](#)



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## BRONCHIECTASIS AIRWAY CLEARANCE SURVEY

The ELF Bronchiectasis Patient Advisory Group and healthcare experts have launched a survey to learn more about the difficulties that people with bronchiectasis faced in the lead up to their diagnosis,

as well as how they felt about treatment during this time. The survey is available in 9 languages.

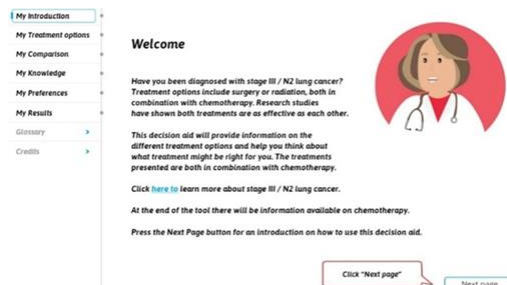
[Find out more and complete the survey.](#)



## LUNG CANCER TREATMENT – DECISION AID TOOL

The ELF Lung Cancer Patient Advisory Group has been involved in the development of a tool to give people who have been diagnosed with lung cancer stage III / N2 the chance to explore what treatment options are available and help them decide which are best suited to them.

[Find out more and access the tool](#)



## APPLY TO JOIN THE ELF PATIENT ADVISORY COMMITTEE

The ELF Patient Advisory Committee (PAC) currently has several vacancies. Would your organisation like to get more actively involved with other organisations at the European level and help guide ELF activities?

[Find out more and apply.](#)



## COVID-19 HUB AND QUESTIONS

As many countries are seeing another rise in COVID-19 cases, we would like to remind everyone of our COVID-19 resource hub, which includes your questions answered on our Q&A. We welcome more questions, which we will pose to healthcare professionals and add to the Q&A.

[Visit the COVID-19 page](#)



## MEP LUNG HEALTH GROUP UPDATE

Last month marked the launch of the MEP Lung Health Group, which over 30 patient organisations registered to join. The next MEP Lung Health Group meeting will take place on 2 December and patient organisations are invited to take part.

[Find out more](#)



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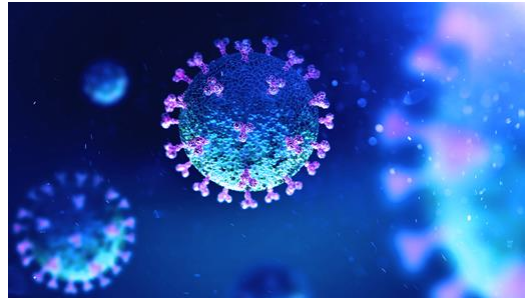
## COVID-19 NEWS ROUND-UP

[Reinfection with COVID-19: a case study of one man who caught COVID-19 twice](#)

[COVID-19 medication update: latest findings from WHO trial](#)

[Risk of severe COVID-19 symptoms for small minority of children with lung conditions](#)

[Visit the COVID-19 newsroom.](#)



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## INTERVIEW WITH PAOLA PIERUCCI

Paola Pierucci became the new Chair of the ELF Professional Advisory Committee (PrAC) in September 2020. In this interview you can find out about her background, plans for her mandate and what she would like to achieve with ELF.

[Read the interview](#)



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## PATIENT ORGANISATION ROUND-UP: NOVEMBER 2020

Patient organisations around the world have been taking part in global campaigns and sporting activities to raise awareness of lung conditions. Others have been launching projects and conducting research to provide further support for people affected by lung conditions.

[Read the full round-up](#)





The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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