



WORLD LUNG DAY

25 september

A message from Isabel Saraiva, Chair of the European Lung Foundation:

As I am approaching my final year in my role with the European Lung Foundation, it is time to start thinking about who might take my place as ELF Chair in September 2020. Working with ELF has been a really rewarding experience, and I am very proud of all we have accomplished together to improve the lives of people with lung conditions.

Before I started in my role, I had the opportunity to shadow my predecessor Dan Smyth, which was a very useful experience. That's why we are opening up this opportunity now, so that the successful applicant will be able to shadow me in the months before their mandate begins. If you would like to find out more about what being ELF chair involves, please read the article below.

There are also some changes in the ELF team this month. We're looking forward to welcoming Courtney back from maternity leave soon, but I am sorry to share that Barbara will soon be leaving us to start a PhD in motor neurone disease. Barbara has been an amazing addition to the ELF team over the past year, and will be missed!

In other news we are all really looking forward to the ERS Congress later this month. If you are going too, make sure to visit the team at the ELF stand in Hall 9. Otherwise, we will be sharing the most important and exciting updates on social media, so make sure you're following us on [Facebook](#) and [Twitter](#) to see the highlights.

Highlights this month:

[World Lung Day](#) - 25 September

[ELF Patient Organisation Networking Day](#) - 28 September

[ERS Congress](#) begins - 28 September

Please note that the next ELF newsletter will be sent at the beginning of November.



Reducing air pollution could substantially reduce childhood asthma

[Find out more](#)

A finger prick test could reduce antibiotic use in patients with COPD

[Find out more](#)

Are e-cigarettes and heat-not-burn products harmful? Researchers review the evidence

[Find out more](#)



NEW VACCINATION FACTSHEET

ELF has produced a new infographic on vaccination, which shows how vaccination can protect our lungs.

The infographic answers common questions about vaccination, and is an evidence-based resource for doctors to use when talking to their patients about vaccination against lung diseases.

It is available to download in [English](#) and [Spanish](#).

ELF AT ERS CONGRESS

This year at ERS Congress, we are looking forward to hosting a lot of exciting events and activities.

Find out what we have planned on social media, where to find us in the Congress centre, and which sessions we think are the most interesting and relevant for people with lung conditions.

[Find out more](#)



APPLICATIONS OPEN FOR ELF CHAIR

The ELF Chair is a very important position that is key to helping ELF develop and achieve its aims.

Applications are now open for the next ELF Chair, whose role will begin in September 2020.

[Find out more](#)



EPAP SPANISH COMING SOON

The European Patient Ambassador Programme (EPAP) will be launched in Spanish on the 28 September.

EPAP is a free, online programme that teaches skills for people to represent themselves and others who share their health condition. The programme is open to everyone, regardless of the condition they are affected by.

[Find out more](#)



HEALTHY LUNGS FOR LIFE 2019/20

The Healthy Lungs for Life campaign will be re-launched this year in Madrid.

This year the campaign will encourage people to hold events and learn more about four important ways we can protect our lungs: by stopping smoking, being physically active, getting vaccinated and advocating for better air quality.

[Find out more](#)



TRAVELLING WITH MEDICAL OXYGEN - INTERVIEW

Geert De Maere talks to ELF about accompanying his daughter, who required medical oxygen on a flight, and the difficulties he experienced when trying to make arrangements with the airline.

[Read the interview](#)



PATIENT ORGANISATION ROUND UP, SEPTEMBER 2019

In the last month, patient organisations across Europe have been attending congresses, meetings and workshops to share knowledge and experiences of lung conditions, helping to improve care and treatment.

[Find out more](#)





The European Lung Foundation (ELF) was founded by the European Respiratory Society (ERS) in 2000 with the aim of bringing together patients, the public and respiratory professionals to positively influence respiratory medicine.

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