Aspergillosis is a serious lung condition caused by the mould *Aspergillus*, usually seen in people with underlying lung conditions (COPD, TB, asthma). There are allergic forms (ABPA, SAFS) and chronic infections (CPA), which all require specialist tests and drugs.

Online resources are essential for rare diseases like aspergillosis:

- It’s hard to find other patients locally → feelings of isolation, worse mental health
- NAC is the only specialist aspergillosis centre in the UK → long journey for some
- Local GPs/pharmacists rarely see patients with this disease → knowledge gap

#WorldAspergillosisDay

Patients support each other and share tips in our private Facebook group (~2400 members), which is moderated by NAC staff. Plus weekly Zoom socials

Last year we released an *Aspergillus* knitting chart

Info & advice
Patients phone our specialist nurses for advice about their symptoms and medication, or get general info from our dedicated comms team via a secure NHS-approved app

Monthly meetings
Our clinical/scientific staff give talks to help patients understand their condition and the latest research. And patients help us in return by sharing feedback on how to improve our service.

Distance appointments
During the pandemic, we held appointments virtually – many patients actually preferred this!

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