Patient and Public Involvement in digitally-related projects within the IMP²ART research programme

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Methods

People living with asthma are at the centre of all we do in the IMP²ART research programme. All our PPI work is guided by the NIHR UK Standards for Public Involvement in Research.

Background

IMPLementing IMProved Asthma self-management as RouTime

Asthma causes 6.3 million GP consultations a year and 60,000 hospital admissions. Supported self-management for asthma reduces attacks and improves asthma control.

BUT...

Providing appropriate patient resources

Influencing organisational priorities and routines

Developing professional skills

...tested in a UK-wide randomised controlled trial

144 GP practices allocated by chance to IMP²ART or usual care.

Video consultations

• PPI members worked with us to explore how asthma annual reviews could be conducted online.
• They piloted screen sharing and gave valuable advice which influenced the project.
• A PPI member was an author on a publication.

Routine data

• One of our PPI members is a grant holder for the IMP²ART research programme.
• She is instrumental in discussions surrounding the use of patient healthcare data in research.

Living with Asthma website

• IMP²ART have created a website of resources to support those living with asthma.
• PPI members were involved in designing the website (layout, colours, information to include).
• PPI members starred in videos providing tips on managing asthma from a patient’s perspective.

Conclusions

Working with PPI members throughout IMP²ART ensures our research is carried out with patients for patients. PPI is central to making sure we get things right for those living with asthma.

Thanks

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For more information contact imp2art@ed.ac.uk or visit our website www.edin.ac/aukcar-imp2art

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