

We have over 100 UK “Breathe Easy” British Lung Foundation Support Groups

Last year BLF, provided us **ALL** with the **Zoom** licences.

International Breathe Easy Zoom meets every Wednesday at 19.00BST.
Derek, from South Wales, explains how this group supports, and helps so many people, whilst seeking to improve all those living with a lung condition.



Zoom relief for BLF Support Groups during lockdown

For further information on BLF Support Groups,
contact Breatheasywestminster@talktalk.net or cummingsderek1@sky.com