



Bronchiectasis Patient Conference – Sunday 12 March 2023
10:00 – 16:00 CET (9:00-15:00 GMT)

CET timings (1 hour earlier for GMT)

Introduction

10:00 **Welcome and housekeeping**

Session 1: Basic overview of bronchiectasis

10:10 Introduction to Bronchiectasis: Dr Katerina Dimakou, Greece

10:25 Lifestyle, nutrition and mental health: Dr Fiona Mosgrove, UK

10:40 Q&A

Session 2: Airway clearance experiences and demonstrations

10:55 Introduction

11:00 Video: Members of patient group showing techniques they use

11:10 Video demonstrations by physiotherapist and patients (Dr Arietta Spinou, UK, Dr Beatriz Herrero, Spain; Dr Danielle, Israel) followed by panel discussion.

- Active Cycle of Breathing
- ELTGOL
- PEP devices
- Autogenic drainage

11:50 Q&A

12:05 Break (10 minutes)

Session 3: Latest research

12:15 Introduction

12:20 Latest trials: anti-inflammatories; antibodies: Prof. James Chalmers UK

12:45 Digital approaches and how they can be applied bronchiectasis: Dr Hilary Pinnock, UK

13:00 Q&A

13:20 Break (45 mins)

Session 4: Bronchiectasis through the life stages

14:05 Introduction

14:10 Bronchiectasis in childhood: Professor Ami Kantar, Italy

14:25 Video from teenager with bronchiectasis: Edward Powell, UK

14:30 Video: Career and relationships: Sandra Gori, Italy

14:35 Q&A

14:50 Break (10 mins)

Session 4 continued

15:00 Pregnancy and fertility: Dr Liora Boehm Cohen, Israel

15:20 Bronchiectasis in older age: Dr Andrea Gramegna, Italy

15:35 Q&A

15:50 Closing comments

16:00 End