Bronchiectasis Patient Conference – Sunday 12 March 2023
10:00 – 16:00 CET (9:00-15:00 GMT)

CET timings (1 hour earlier for GMT)

Introduction
10:00 Welcome and housekeeping

Session 1: Basic overview of bronchiectasis
10:10 Introduction to Bronchiectasis: Dr Katerina Dimakou, Greece
10:25 Lifestyle, nutrition and mental health: Dr Fiona Mosgrove, UK
10:40 Q&A

Session 2: Airway clearance experiences and demonstrations
10:55 Introduction
11:00 Video: Members of patient group showing techniques they use
11:10 Video demonstrations by physiotherapist and patients (Dr Arietta Spinou, UK, Dr Beatriz Herrero, Spain; Dr Danielle, Israel) followed by panel discussion.
   - Active Cycle of Breathing
   - ELTGOL
   - PEP devices
   - Autogenic drainage
11:50 Q&A
12:05 Break (10 minutes)

Session 3: Latest research
12:15 Introduction
12:20 Latest trials: anti-inflammatories; antibodies: Prof. James Chalmers UK
12:45 Digital approaches and how they can be applied bronchiectasis: Dr Hilary Pinnock, UK
13:00 Q&A
13:20 Break (45 mins)

Session 4: Bronchiectasis through the life stages
14:05 Introduction
14:10 Bronchiectasis in childhood: Professor Ami Kantar, Italy
14:25 Video from teenager with bronchiectasis: Edward Powell, UK
14:30 Video: Career and relationships: Sandra Gori, Italy
14:35 Q&A
14:50 Break (10 mins)

Session 4 continued
15:00 Pregnancy and fertility: Dr Liora Boehm Cohen, Israel
15:20 Bronchiectasis in older age: Dr Andrea Gramegna, Italy
15:35 Q&A
15:50 Closing comments
16:00 End