



DEVICE4PATIENTS

Inhalation devices
use them properly, breathe better...
Live well!



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Information and educational project on inhalation therapy

INTRODUCTION

Chronic respiratory diseases represent numerous more or less severe disease conditions that are among the **leading causes of morbidity and mortality in the world**. Data provided by WHO estimate that hundreds of millions of people currently suffer from chronic respiratory diseases.

In Italy, there are approximately **6 million people** affected by **ASTHMA** and **COPD**, with a prevalence in the adult population, of 7.0%: **3.4% asthma**, **2.6% COPD** and **1.0% ACOS** (Asthma-COPD Overlap Syndrome)*.

Doing therapy well is the main weapon to **control the symptoms** of the disease.

Unfortunately, to date, most patients who use an inhaled drug show an **incorrect intake technique**, inflicting almost completely the efficacy of the drug, and even several health care professionals do not know **the correct specific techniques for each device**.



*Ferrante et al.2017

THE PROJECT

Differently from all other pharmacological therapeutics the **efficacy of inhalation therapy** may be null if the technique to take the therapy **is not performed correctly**.

In addition, the inhalation technique is **different depending on the type of formulation** (powder or spray) and depending on the **type of inhaler used** (there are different types and technologies and they are not equivalent).

The project **DEVICE4PATIENTS** was created **specifically to help patients and health professionals** in the proper use of **inhalation therapy devices** and put patients at the center of their therapy.



Conceived by the **Respiriamo Insieme Association - APS** with **ArIR** (Italian Association for The Rehabilitation of Respiratory Failure), it is a free and open space of **information, training** and **education** to inhalation therapies, created through the **Educational Hub** by the Respiriamo Insieme Association to improve therapeutic adherence of patients affected by a chronic respiratory disease.

The project includes an **educational pathway** composed as follows: n.12 videos on inhalation therapy devices and as many virtual classrooms, training-educational sessions in virtual classrooms of about 40 minutes each, in the presence of a **pulmonologist**, a **respiratory physiotherapist** and a **patient expert** from the Association, with the purpose of **training and guiding patients** in the proper use of inhalation therapy devices and the main tools for the treatment of chronic respiratory diseases.

We look forward to seeing you at:
www.respiriamoinsieme.org/hub-in-formativo-educazionale/

