The Dangers of Smoking

1. Name **two** harmful substances found in cigarette smoke.
   1. ________________________________________________________________
   2. ________________________________________________________________

2. Name **two** diseases that make up chronic obstructive pulmonary disease (COPD).
   ___________________________________________ and ________________________

3. Explain why smokers often develop a cough.
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

4. Explain why many people find it difficult to stop smoking.
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   ________________________________________________________________
   ________________________________________________________________

5. Give **two** reasons why people should give up smoking.
   1. ________________________________________________________________
   2. ________________________________________________________________

6. Suggest what could be done to educate people about the dangers of smoking.
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