

# The Dangers of Smoking

1. Name **two** harmful substances found in cigarette smoke.

1. \_\_\_\_\_

2. \_\_\_\_\_

2. Name **two** diseases that make up chronic obstructive pulmonary disease (COPD).

\_\_\_\_\_ and \_\_\_\_\_

3. Explain why smokers often develop a cough.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Explain why many people find it difficult to stop smoking.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Give **two** reasons why people should give up smoking.

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

6. Suggest what could be done to educate people about the dangers of smoking.

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