

São Carlos, 28th December 2023

Dear European Lung Foundation,

I would like to express my appreciation for all the ELF support to make our activity possible and incredible. It was an amazing and successful activity with involvement of the community. In a middle-income country with scarce resources, these actions only become viable with support like that.

The activity “Healthy lungs for life” (“**Pulmões Saudáveis Por Toda A Vida**” in Portuguese language) was an important action aimed to raise awareness of chronic obstructive pulmonary disease – COPD and took place throughout the day 11/21/2023 from 8 am to 5:30 pm on the premises of the University Hospital with community participation (number of 82 participants and 63 spirometry tests performed).

The action was carried out according planned and consisted of 3 activity stations: 1. Screening station; 2. Spirometry station; 3. Education and Coffee station. In addition, an educational booklet was produced and offered to all participants. The financial support from ELF was essential to acquisition of materials like t-shirts to the team, printing of promotional leaflets and banners, stationery material, coffee and, filters and spirometry mouthpieces, balloons, booklets and transportation of the team. The University Hospital offered the physical space and human resources and also undergraduate students (UFSCAR and UNISA Universities), postgraduate students (PPG-Ft/UFSCar), Professors and a Pulmonologist supported the action in its construction and execution.

Certainly, the action was of great value with specific beneficial consequences such as visibility of the institution, appreciation of the health professional, drawing attention to public policies and optimization of resources applied to the health of this population. Furthermore, the action has represented a great learning opportunity for students, professionals and professors involved in the context of caring for people and community actions.

Please find attached some photographs.

Best Regards



Renata Gonçalves Mendes



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