



Alpha 1
Deutschland e.V.

Being an

Alpha-1 Patient



Marion Wilkens
Chairwoman
Alpha1-Deutschland e.V.

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Marion Wilkens

- 55 years old, two children (carrier)
- As a baby I developed **severe jaundice**
- Adolescence and young adulthood normal
- First diagnosis at age 20: asthma
- Next diagnosis at age 40: Alpha-1 antitrypsin deficiency, PiZZ
- This was followed by others, including: COPD, emphysema and bronchiectasis





Today



- Good and bad days
- Weather and sleep quality has an influence
- Air is getting noticeably thinner
- Emphysema is increases
- More coughing due to bronchiectasis
- Good liver

In Germany, we currently have the best possible treatment options for AATD, the possibility of augmentation and also options for rehabilitation, lung training and physiotherapy.



Tomorrow



I have accepted my disease and still live a happy life,
but I also have hope:

One day, researchers will find a drug that not only slows
down the progression of the disease,
but cures it!