

NDACIÓN DE DESARROLLO INTEGRAL Y AMPARO SOCIAL CALUMA

Acuerdo ministerial Nº 0233 DPBS-B

EVENT SUMMARY:

HEALTHY LUNGS FOR LIFE CAMPAIGN, IN CALUMA CITY, BOLÍVAR-ECUADOR.

On November 14, 2024, the Caluma Integral Development and Social Protection Foundation, with the generous sponsorship of the European Lung Foundation, organized the event "Healthy Lungs for Life" at the Peasant Social Security Dispensary of Pasagua, Caluma, Bolívar Province of Ecuador.

This event brought together many members and retirees of the peasant social security, as well as community members, health professionals and families, with the aim of promoting lung health and raising awareness about the prevention of respiratory diseases.

Attendees enjoyed a variety of enriching activities. Experts such as Dr. Amos Laborde gave lectures on the importance of taking care of our lungs, while Lic. Judith Arguello led a lively dance therapy session to encourage an active lifestyle.

Nutritionist Mishel Baños Sánchez shared valuable tips on healthy eating, and Eng. Marcelo Vega highlighted the impact of the environment on our health, handing out trees for reforestation as a symbol of our commitment to a cleaner environment.

Despite the challenges, the event managed to significantly raise awareness about lung health and motivate attendees to adopt healthier habits. Direct beneficiaries included people who received crucial information about their health and those who participated in spirometry tests.

The Foundation is deeply grateful for the support received and is committed to continuing to work on future initiatives that strengthen community well-being. This event was not only an opportunity to educate, but also to unite the community around a common goal: taking care of our lungs and promoting a healthy environment for all.

Attached are photographs from the event capturing highlights, which can be used to share our experiences and learnings on social media and the European Lung Foundation website.

Sincerely

.

Ing. Mesías Baños Rojas.

PRESIDENT. CALUMA INTEGRAL DEVELOPMENT AND SOCIAL PROTECTION FOUNDATION.